

Autoimmune
thyroid
negative

Bloodwork Results for: (03/18/2026)

Lab Name	Optimal Range	Reference Range	Units	Result
Alkaline phosphatase	70 - 90	39 - 117	IU/L	318 ↑
C-Reactive Protein (CRP)	0 - 1.5	0 - 3	mg/L	6.7 ↑
Insulin (PARTIAL)	3 - 5	3 - 12	μIU/mL	25.3 ↑
MCH	28 - 32	27 - 33	pg	24.2 ↓
MCV	82 - 90	79 - 97	fL	76 ↓
Platelets	200 - 250	150 - 379	x10E3/uL	411 ↑
Red Blood Cells (RBC)	4.2 - 4.6	3.8 - 5.1	x10E6/uL	5.41 ↑
Reverse T3	9.2 - 20	9.2 - 24.1	ng/dl	28.3 ↑
Total WBC	5.3 - 7.5	3.4 - 10.8	x10E3/uL	11.7 ↑
Vitamin D, 25-OH	60 - 80	30 - 100	ng/ml	17 ↓
ALT (SGPT)	15 - 28	0 - 32	IU/L	13 ↓
Bilirubin	0.6 - 0.9	0 - 1.2	mg/dL	0.3 ↓
BUN/Creatinine Ratio	10 - 16	10 - 24		20 ↑
Calcium	9.4 - 9.8	8.6 - 10.2	mg/dL	9.9 ↑
Carbon Dioxide (CO2)	24 - 27	18 - 29	mmol/L	22 ↓
Creatinine	0.7 - 0.9	0.57 - 1	mg/dL	0.6 ↓
Free T4 (Thyroxine)	1.3 - 1.6	0.82 - 1.77	ng/dl	1.65 ↑
HDL-cholesterol	55 - 80	35 - 150	mg/dL	40 ↓
Hemoglobin	13.5 - 14.5	11.5 - 15	g/dL	13.1 ↓
Hemoglobin A1C	5.1 - 5.4	4.5 - 5.7		5.5 ↑
LDL-cholesterol	0 - 99	0 - 120	mg/dL	113 ↑
MCHC	32 - 35	31.5 - 35.7	%	31.9 ↓
Monocytes	4 - 5	2 - 8	%	6.1 ↑
Neutrophils	50 - 60	40 - 70	%	61.5 ↑
Total Cholesterol/HDL Ratio	0 - 3	0 - 5	%	4 ↑
Albumin	4.3 - 4.7	3.6 - 4.8	g/dL	4.4
Albumin/Globulin Ratio	1.5 - 2.2	1 - 2.5		1.6
AST (SGOT)	15 - 28	0 - 40	IU/L	19
Basophils	0 - 1	0 - 3	%	0.5
Blood Urea Nitrogen (BUN)	10 - 16	7 - 20	mg/dL	13
Chloride	101 - 103	96 - 106	mmol/L	102
Eosinophils	0 - 3	0 - 4	%	1.1
Free T3 (Tri-iodothyronine) (PARTIAL)	3.2 - 4.2	2 - 4.4	pg/mL	4.2
Globulin	2.3 - 2.7	1.5 - 4.5	g/dL	2.7
Glucose	85 - 95	65 - 99	mg/dL	85
Hematocrit	37 - 44	34 - 44	%	41.1
Lymphocytes	30 - 35	20 - 45	%	30.8
Potassium	4.3 - 4.7	3.5 - 5.2	mmol/L	4.4
Protein, total	7 - 7.4	6 - 8.5	g/dL	7.1

PATIENT INFORMATION

 DOB:
 REQUISITION ID:

96 IgG Food Panel

SPECIMEN TYPE: Serum

PROVIDER INFORMATION

COLLECTION DATE: 03/18/2026

REPORT DATE: 03/21/2026

TEST	SCORE	CLASS
MEAT, POULTRY & EGG		
Beef	0.194	0
Chicken	0.191	0
Egg, White	0.382	2
Egg, Yolk	0.351	2
Lamb	0.191	0
Pork	0.170	0
Turkey	0.199	0
FISH & SHELLFISH		
Clam	0.222	1
Codfish	0.158	0
Crab	0.335	2
Haddock	0.148	0
Lobster	0.177	0
Salmon	0.157	0
Scallop	0.177	0
Shrimp	0.150	0
Sole	0.155	0
Swordfish	0.159	0
Tuna	0.248	1
BEVERAGES & MISC		
Black Tea	0.182	0
Cocoa	0.190	0
Coffee	0.152	0
Honey	0.165	0
Yeast, Baker's	0.227	1
Yeast, Brewer's	0.166	0
NUTS, SEEDS & OILS		
Almond	0.234	1
Cashew	0.215	1
Chia Seed	0.222	1
Safflower	0.211	1
Sesame	0.235	1
Sunflower Seed	0.214	1
Walnut	0.188	0

TEST	SCORE	CLASS
VEGETABLES		
Arugula	0.240	1
Asparagus	0.151	0
Bell Pepper	0.153	0
Bok Choy	0.158	0
Broccoli	0.149	0
Cabbage	0.148	0
Carrot	0.159	0
Cauliflower	0.179	0
Celery	0.146	0
Cucumber	0.156	0
Eggplant	0.155	0
Garlic	0.171	0
Green Bean	0.167	0
Kale	0.145	0
Kelp	0.188	0
Lettuce	0.156	0
Mushroom	0.174	0
Olive, Green	0.142	0
Onion	0.166	0
Potato	0.177	0
Potato, Sweet	0.160	0
Spinach	0.178	0
Squash	0.144	0
Tomato	0.153	0
LEGUMES & PULSES		
Black Bean	0.193	0
Green Pea	0.236	1
Lima Bean	0.183	0
Peanut	0.368	2
Pinto Bean	0.223	1
Soybean	0.282	1
DAIRY		
Cheddar Cheese	0.265	1
Milk, A1 Cow's	0.349	2
Yogurt	0.292	1

TEST	SCORE	CLASS
FRUITS		
Apple	0.160	0
Avocado	0.145	0
Banana	0.152	0
Blueberry	0.150	0
Cantaloupe	0.155	0
Coconut	0.166	0
Grape	0.153	0
Grapefruit	0.153	0
Lemon	0.161	0
Orange	0.147	0
Peach	0.144	0
Pear	0.147	0
Pineapple	0.153	0
Strawberry	0.147	0
Watermelon	0.161	0
GRAINS & STARCHES		
Barley	0.176	0
Bran	0.373	2
Corn	0.149	0
Gluten	0.259	1
Malt	0.220	1
Oats	0.172	0
Rice	0.186	0
Rye	0.226	1
Wheat	0.267	1
HERBS, SPICES & FLAVORINGS		
Basil	0.164	0
Black Pepper	0.175	0
Cinnamon	0.213	1
Dill	0.196	0
Ginger	0.184	0
Mustard	0.226	1
Oregano	0.176	0
Tarragon	0.159	0

Reference Range

<= 0.199 = CLASS 0 No Sensitivity Detected	0.200 - 0.299 = CLASS 1 Low Sensitivity Detected	0.300 - 0.399 = CLASS 2 Moderate Sensitivity Detected	>= 0.400 = CLASS 3 High Sensitivity Detected
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Testing performed by Alletess Medical Laboratory

Note: 0.185 - 0.215 should be considered equivocal

Laboratory Director: Dana Semmel, MD

This test was developed, and its performance characteristics determined by Alletess INC. It has not been cleared or approved by the FDA. FDA clearance is not necessary for clinical use of this test. The test results should be correlated with clinical findings.

Patient:

Accession:

PARASITES

PROTOZOA

	Result	Reference
<i>Blastocystis hominis</i>	4.01e3 High ↑	< 2.00e3
<i>Chilomastix mesnili</i>	<dl	< 1.00e5
<i>Cyclospora</i> spp.	<dl	< 5.00e4
<i>Dientamoeba fragilis</i>	<dl	< 1.00e5
<i>Endolimax nana</i>	<dl	< 1.00e4
<i>Entamoeba coli</i>	<dl	< 5.00e6
<i>Pentatrichomonas hominis</i>	<dl	< 1.00e2

WORMS

<i>Ancylostoma duodenale</i>	Not Detected	Not Detected
<i>Ascaris lumbricoides</i>	Not Detected	Not Detected
<i>Necator americanus</i>	Not Detected	Not Detected
<i>Trichuris trichiura</i>	Not Detected	Not Detected
<i>Taenia</i> spp.	Not Detected	Not Detected

INTESTINAL HEALTH MARKERS

DIGESTION

	Result	Reference
Steatocrit	<dl ▼	< 15 %
Elastase-1	256 ▼	> 200 ug/g

GI MARKERS

β-Glucuronidase	2373 ▼	< 2486 U/mL
Occult Blood - FIT	1 ▼	< 10 ug/g

IMMUNE RESPONSE

Secretory IgA	5698 H ▼	510 - 2010 ug/g
Anti-gliadin IgA	116 ▼	< 175 U/L
Eosinophil Activation Protein (EDN, EPX)	0.22 ▼	< 2.34 ug/g

INFLAMMATION

Calprotectin	336 H ▼	< 173 ug/g
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